

## ANTICE

Chor.; Paul Boizot, 1995 approx. Pronounced "Ant-eets-eh". Music; trad. Macedonian, by Andy Irvine & Davy Spillane, from "East Wind", available from Amazon mp3\* or iTunes. Andy Irvine heard this in Macedonia as a song, but was unable to obtain the words; he is not aware of a traditional dance specifically to this music. For dance, I have a recording with the intro and outro slightly shortened, and with a one-bar pause removed.

The dance is much less complicated than it looks from the notes! It's basically a 4-bar pattern danced round the circle, then a 4-bar "chorus" with partners, all repeated; then a 4-bar pattern into the centre and back, and the 4-bar chorus again with a small turning variation to the last bar, all repeated.

Rhythm 7/8 s q q.

Pair off to choose initial partners. L hand people will progress to right (anti-clockwise), R hand people to left (clockwise).

1. Circle, arms joined  $W \rightarrow R, L, R; L, R, L$ ; travelling turn clockwise  $R, L, R; \curvearrowright \rightarrow Lxf$ , repl.  $R, \curvearrowleft \leftarrow sL$ .

2. Partners face to face  $\supset \subset$  both hands joined in relaxed  $W$  - turn  $180^\circ$  travelling slightly towards centre  $R, L, R; L, R, L$ ; release hand nearest centre and both step  $\curvearrowright \uparrow R$  with very slight dip, small steps  $L, R$  (these three steps will actually be curving in towards centre as partners start facing  $\supset \subset$ );  $\curvearrowright \downarrow L$  with dip (longer step to return to line of dance),  $R, L$ .

Repeat 1. Repeat 2 with new partner.

3. Circle, arms joined  $W \curvearrowright \uparrow R, L, R; L$ , lift  $R$ ;  $\curvearrowright \downarrow R, L, R; L$ , lift  $R$ .

4. Repeat 2 with new partner, but replace last three steps with: release partner's hand and both do travelling turn individually anti-clockwise  $360^\circ \downarrow R, L, R$  to return to line of dance.

Repeat 3. Repeat 4 with new partner, but final turn becomes  $270^\circ$  to face  $\supset$  ready to start 1.

If using the original unedited recording; after the whole sequence has run through 3 times (after the more laid-back part of the music), there is a one-bar pause before the music restarts; during this step  $\supset \rightarrow R, \supset \leftarrow L$ .

Ending (after another  $1\frac{1}{2}x$  sequence, i.e. at end of a "repeat 2"); rejoin hands but stay facing  $\curvearrowright$  and bring arms down smoothly to  $V$  & point  $R \uparrow$  (slightly xf) .

I thought notes would be easier to follow with the dance divided into 4 sections, but I teach it as 2 parts - sections 1 & 2 as part 1, 3 & 4 as part 2.

\* if you buy this mp3, or any other items from Amazon, via any Amazon link on my website at [www.paulboizot.co.uk](http://www.paulboizot.co.uk), I will get a commission. Direct link; [http://www.amazon.co.uk/exec/obidos/redirect-home?tag=aromcircfolkd-21&placement=home\\_multi.gif&site=amazon](http://www.amazon.co.uk/exec/obidos/redirect-home?tag=aromcircfolkd-21&placement=home_multi.gif&site=amazon)