

ARABIC CIRCLE

Choreo. Paul Boizot 2017. Music Nawal El-Zoghbi (Lebanon) El Layali (=“The Nights”)*.
Or try your choice of Arabic music. It might work with something a little slower too.

Arms W facing centre step in R, L, R, point L 11 o'clock; point L 10 o'clock, back yemenite (= back small L quick, close R quick, forward L), point R 11 o'clock; back yemenite (= back small R quick, close L quick, forward R), unjoined grapevine diagonally left away from centre sL, Rxf, sL, Rxb, straight back L, joining hands in place or slightly back R q, L q.

Optional twirls on grapevine – on Rxf turn body to left, on Rxb turn body to right.

Optional turn instead of steps 3 and 4 of diagonal grapevine – turn diagonally back to the left in 2 steps, then straight back on R.

Optional variation - replace point L and back L yemenite with 3 sways, moving hips.

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Paul Boizot 25.10.18