

CIRCLE MAZURKA

Chor. Paul Boizot, 2018. Music "La Paire De Saulxures", from the album La Bande Des 5, by Grands-Mères et Soufflets (France); a CD was available from but seems to be sold out now, however the tune has been posted on youtube. Or you could try any other mazurka tune of a similar tempo.

The dance uses a basic step pattern from a couples mazurka (6 steps in 3/4 with a lift on step 3), but takes it into some different configurations to suit the circle format. The lifts can be done in a variety of ways as you wish, or could even be made into a light touch at some points, but my default is to do small lifts.

Formation; circle or open circle. Rhythm 3/4. The dance fits the musical phrases. Start at the beginning of any suitable phrase, e.g. after 8 bars. Arms V.

Measure 1; $\supset \rightarrow$ R, L, lift R;

Measure 2; R, L, R;

Measure 3; $\cap \uparrow$ L, R fairly close to left, lift L;

Measure 4; $\cap \downarrow$ L, small steps back to line of dance R, L;

Measure 5; $\cap \rightarrow$ sway R, $\cap \leftarrow$ sway L, lift R;

Measure 6; $\cap \leftarrow$ Rxf, sL, Rxb;

Measure 7; $\supset \leftarrow$ facing slightly diagonally to the left of the line of dance & moving back slightly diagonally out from the line of dance L, R, lift L;

Measure 8; $\supset \rightarrow$ still facing slightly diagonally to the left of the line of dance step forward L, step on ball of R just behind left and raise up, replace L where it was or very slightly forward (so these last three steps are not a slip-step – only the first step travels).

It does not matter too much about the diagonal directions in measures 7 and 8; they just seem easier to me than facing fully $\supset \rightarrow$ round the circle, given where you end up after the Rxb step at the end of measure 6.

Paul Boizot 21.01.19