

HERE, NOW

Choreo. Paul Boizot, 2012. Music; Here, Now by Jaiya (a band from British Columbia, Canada), from the album Invocation: Songs For A Sacred Earth, available from Amazon mp3. The original recording is nearly 6 minutes long - I sometimes use a shortened version for dance. Jaiya's website was <http://jaiya.ca/firedance/index.htm>, but now seems to be defunct as of 1.6.20. The band has a page at <https://www.origenmusic.com/music-submit/jaiya.html> but the "buy mp3" links take you to the now defunct CD baby site.

There is a video of me demonstrating this dance at www.paulboizot.co.uk/videos.htm, also on my youtube channel www.youtube.com/paulboizot.

Arms V. Formation; circle. Rhythm 4/4. 2 beats per step unless marked q (= quick, 1 beat). The dance crosses the music (i.e. the dance sequence does not fit to the melodic phrases). I start after 4 bars when the bass and accordion come in.

↺ sway L, ↻ sway R, small Lxb q, small sR q, ↻↑ rock in L, ↻↓ rock back R.

LYRICS by Lael Whitehead

Here, now, the wild things grow
Here, now, the soft winds blow
Here, now, the rivers flow
Here, now, here, now

Here, now, the fire burns
Here, now, the dawn returns
Here, now, the spirit yearns
Here, now, here, now

Here, now, blessed be
This blood and bone, this root and leaf
Here, now, blessed be
This spiral dance of joy and grief

Here, now, the body breathes
Here, now, the heart believes
Here, now, the magic weaves
Here, now, here, now

Here, now, the pain and hunger
Here, now, the hope and wonder

Here, now, the soul's surrender
Here, now, here, now

Here, now, blessed be
These hands that form a sacred ring
Here, now, blessed be
These feet that dance, these hearts that sing,

Here, now, the laughing, crying
Here, now, the falling, flying
Here, now, the birth and dying
Here, now, here, now

Here, now, the great sea rolling
Here, now, this tale unfolding
Here, now, this circle holding
Here, now, here, now

Here, now, blessed be
The flowering of the living tree
Here, now, blessed be
This light that flows through you and me

Paul Boizot revised 4.6.20