

## SECRETS

Chor. Paul Boizot, 2018. Music "To Mystiko" (= The Secret), from the album Mosaic, by Maria Farantouri (Greece). The music is composed by Ross Daly, who also plays on it. Mp3 available from Amazon mp3\* and iTunes.

The steps for the second half of the dance make a box shape – a box for your secrets, if you want!

Formation; open circle or circle. Rhythm — a slow 2/4. Steps are 1 beat (s=slow) or half a beat (q =quick). The dance starts off fitting to the musical phrases, but later crosses the music – start after the free-form introduction, or after a further 8 bars (equivalent to once through the dance).

Measure 1; Arms W  $\supset \rightarrow$  R, L q, R q;

Measure 2;  $\curvearrowright \uparrow$  arms coming down to V over these 3 steps L s, R\* q,  $\downarrow$  replace\* L (\* non-active foot can stay partly on floor, or lifts only a little from floor);

Measure 3;  $\curvearrowright \downarrow$  R s, L\* q,  $\uparrow$  replace R\* (\* non-active foot can stay partly on floor, or lifts only a little from floor);

Measure 4;  $\curvearrowleft$  arms curving a little upward out to the left then coming up to W over these 2 steps sL s, close R s without weight;

Measure 5;  $\curvearrowright \uparrow$  R, L q, R q;

Measure 6;  $\curvearrowleft$  sL s, close q, small sL q

Measure 7;  $\curvearrowright \downarrow$  arms coming down to V over these 2 steps R s, L s;

Measure 8;  $\curvearrowright \rightarrow$  arms curving a little upward out to the left then coming up to W over these 2 steps sR s, close L s.

### LYRICS

Στις ερωτήσεις θες ν' απαντήσεις, να λύσεις γρίφους παλιούς  
στις αναμνήσεις θέλεις να κλείσεις της γης τους άγριους  
παλμούς.

Μικρές οι λέξεις, πώς να το χωρέσεις τ' ακριβό μυστικό  
κι αν δεν το ξέρεις, όσο κι αν το θέλεις, δεν μπορώ να σ' το πω.

Ζητάς να μάθεις, να ξεδιπλώσεις από της γης την πηγή  
μ' αυτά που ξέρεις πάντα μαθαίνεις, δεν έχει άκρη η αυγή.  
Μες τη ζωή σου, μόνο εκεί. θυμήσου, θα τη βρεις την κλωστή  
αυτήν που υφαίνει, ό, τι μας ζεσταίνει κι ανασαίνει η ψυχή.

Κι αν σκοτεινιάζει κάπου χαράζει, μακριά η μέρα ξυπνά  
κι αν συννεφιάζει μη σε τρομάζει, κρατά το φως η καρδιά.  
Κι απ' τα αστέρια πέφτει μες τα χέρια στάλα στάλα η φωτιά  
κρατάς τ' αστέρια μες τα δυο σου χέρια, μη ζητάς πιο πολλά.

Και κάποιο βράδυ στείλε καράβι στον ξεχασμένο γυαλό  
ονείρου χάδι βάλε σημάδι, μη φοβηθείς τον καιρό.  
Νερό και δύσμο πότισε τον κόσμο, μόνο αυτό σου ζητώ  
δυο φύλλα δύσμο χάρισε στον κόσμο, σώσε το μυστικό.

[https://sonichits.com/video/Maria\\_Farantouri/To\\_mystiko](https://sonichits.com/video/Maria_Farantouri/To_mystiko)

English translation;

I have a secret but I'm not going to tell it even to myself  
I keep it for so long time as a talisman, it reminds me of  
you.

I have a secret but I'm not going to tell it to anyone  
I have a secret, a small diamond, on the soul's chain.  
What is this secret which can't fit in the 'I love you'?  
What is this music which is gonna change your life?  
I have a secret, a little white flower, which speaks for you  
but you're not coming here and it's still closed, it speaks  
to nobody.  
I have a secret, a little bright moon, but it shimmers when  
I get lost  
I have it as my guide when I say 'I love you', I mustn't be  
in a rush...  
What is this secret which can't fit in the 'I love you'?  
What is this music which is gonna change your life?

<https://chordify.net/chords/maria-farantouri-to-mystiko-humanka>

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\* if you buy this mp3, or any other items from Amazon, via any Amazon link on my website at [www.paulboizot.co.uk](http://www.paulboizot.co.uk), I will get a commission. Direct link; [http://www.amazon.co.uk/exec/obidos/redirect-home?tag=aromcircfold-21&placement=home\\_multi.gif&site=amazon](http://www.amazon.co.uk/exec/obidos/redirect-home?tag=aromcircfold-21&placement=home_multi.gif&site=amazon)

Paul Boizot revised 27.6.20