

SEELINNIKOI

Chor. Paul Boizot, 1995 approx. Music; Värttinä (Finland), from "Seleniko", available from Amazon mp3* or iTunes.

Rhythm 4/4. Formation; line. Arms V. Start with the singing. Play reasonably loud!

1. \rightarrow R, L, R slip-step, L, R, L slip-step; bouncy steps for rest of this part - R, L, R,
 \rightarrow rock back on L, \rightarrow R, L, R, touch L; L, R, L, \rightarrow rock back on R, \rightarrow L, R, L, touch
R.
x 3

2. When the vocals go a bit manic, skip (probably not too vigorous) or walk starting R with one step to each beat, leading the line wherever you want - should work best with a reasonable number of people and lots of twists and turns. Leader may vary the step each time this part is repeated - walks with or without bounces, small steps, etc. – whatever you like. Eight beats instrumental break leads back into...

Part 1 x 2, Repeat 2, 1 x 3, Repeat 2 till end.

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